



**29<sup>th</sup> Annual  
Van Eire Feis and  
1<sup>st</sup> Annual Van Eire City  
Championships**

**March 9 & 10, 2024**

**Executive Hotel Vancouver Airport  
7311 Westminster Hwy. Richmond, BC V6X 1A3**



Van Eire is a non-profit society, with a goal to offer a spirit of competition and community to local traditional Irish dancers. The Van Eire Traditional Dance Association also promotes Irish art and baking by offering competitive categories in these cultural activities.

Van Eire is comprised of Volunteer Members from the following schools:

- Steel School of Irish Dance
- Penk O'Donnell School of Irish Dance,
- Sionnaine Irish Dance Academy
- O'Connor School of Irish Dance
- O'Brien School of Irish Dance
- Scoile Rince De Danaan

We'd like to take this opportunity to thank all the families and schools for their volunteer support to make our Feis possible!

To our Adjudicators and Musicians - thank you for accepting our invitation to take part. And to our dancers; good luck and enjoy!

The Van Eire Traditional Dance Association

Melissa Slack, Chair

Erin Lylyk, Vice Chair

Cheryl Callison, Secretary

Tara Henry, Treasurer

Christina Navin, Member at Large

Jasmine Barry, Committee Member

Maura McLaughlin, Committee Member

Shauna McRanor, Committee Member

Tracy Reith, Committee Member

Wanda Riches, Committee Member

Jaclyn Blaney, Committee Member

Meet  
**OUR  
ADJUDICATORS!**



**ZACK WARSHAW**



**DARREN MAGUIRE**



**SUSANNAH RUEHLEN**



**ANDREA IRWIN  
JARDINE**



**LAURA LEMESURIER**



**SARAH IRWIN  
GROENEWOUD**

*Van Eire Traditional Dance Association*

Meet  
**OUR  
MUSICIANS!**



**MERV BELL**



**ERIC CRONE**



Van Eire Traditional Dance Association

# **Feis Info**

## **The Venue**

We are so pleased to be holding our event at the Executive Hotel Vancouver Airport.

## **Food**

There is food available on site for all meals including a catered concession right outside the ballroom door for quick grab meals or we invite you to enjoy a sit-down meal with a 10% off discount at the Free Bird Restaurant. Please come by the registration desk to pick up an unlimited supply of discount cards for Free Bird. Please support the concession and Free Bird restaurant as every dollar spent helps cover feis venue fees. Concession is open from 7am – 3:00pm. A cash bar will be open from 1:30pm – 5:30pm.

The hotel also has a liquor store available to those 19 years of age and older. If you make a purchase there please also give them one of our discount cards. Unfortunately, there is no discount provided but they will still credit us towards our minimum food and beverage spend required. Please drink responsibly and absolutely do not drink and drive!

## **Parking**

The hotel has a large parkade with rates of only \$13 per day for attendees not staying at the hotel. For those staying at the hotel your parking is included. Please make sure to register your license plate with check in.

## **Venue Entry & Registration**

The registration desk will be located inside the lobby of the hotel right across from the hotel check in desk. Here you can pick up your dancer's competitor number, restaurant discount card, shoe covers and a wristband for those who bought tickets for the Saturday night Ceili. Pre-ordered t-shirts will also be available at the registration desk.

## **Results and Awards**

Grade level results will be posted on the wall outside the ballroom near the Concession. Awards will be presented at the lunch break and at the end of the day. Final results will also be posted on iFeis with comments available as soon as possible.

## **Additional Information**

No videotaping, flash or digital photography of competitions is permitted except for First Feis and Beginner levels. This will be enforced, and we ask you to please respect the rule.

ABSOLUTELY NO hard shoes on the hotel floors. There is a designated practice area in the Westminster Ballroom with a dance floor available for those who wish to practice in hard shoes. We will be providing shoe covers at registration and request that if you are wearing your hard shoes outside of the ballrooms that you have the shoe covers on.

Please be mindful of noise and distractions in the areas close to the judges and stages/dancers.

The room that the champ stage is in does not have a lot of seating. Please do not place dance items on chairs as all seats will be needed for dancers and spectators. We ask that once your championship and specials are done to please put your belongings in either the grades room or the practice room so that the next group can use the space. Thank you for your cooperation.

### Some helpful Information for First Feis and Beginner families

Soft Shoes are worn for: reel, light jig, single jig, slip jig, and Beginner/ Advanced Beginner trophy dances.

Hard Shoes are worn for: treble jig, hornpipe, traditional set, Novice/Prizewinner trophy dances, and treble reel trophy dances.

#### WHAT IS MY DANCER'S AGE GROUP FOR THE FEIS

That is something that gets asked a lot...what is their age group? Answer: Their "competition age" is the age that they are as of January 1st of that year. For example: on January 1, 2017 Cathy is 6 so this year her feis age category is U7. Next question...then why is she in U8 at this competition? They either didn't have enough U7 dancers so they combined the age groups OR they're only running "even" age groups U6, U8, U10 etc or the opposite "odd" age groups U5, U7, U9 etc.

#### HOW DO DANCERS MOVE UP

Dancers shall advance in each individual solo dance as follows:

Placing(s) that move dancer(s) up a level are as follows:

<5 No placing advances

5 – 9 1st place moves up

10 – 19 1st, 2nd, 3rd move up

20 – 29 1st, 2nd, 3rd, 4th move up

30 or more 1st, 2nd, 3rd, 4th, 5th move up

## OUR VENDORS





## **OUR SPONSORS**

A huge thank you to the following sponsors:

Platinum Level

**Consulate General of Ireland, Vancouver**



<https://www.ireland.ie/en/canada/vancouver/>

## **Richmond Sport Hosting**

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<https://richmondsporthosting.ca/>

Gold Level

**Gentec International**



<https://www.gentec-intl.com/>

**Alpha Concrete Pumping Ltd.**



<https://www.alphaconcretepumping.com/>

## **The IRL Group**



<https://www.irlgroup.ca/>

## **Indigenous Collection**

indigenous  
collection  
by CAP

<https://theindigenouscollection.com/>

Silver Level

**The Mainroad Group**



<https://mainroad.ca/>

**Callison Financial Services Ltd.**



Callison Financial Services Ltd  
#106-11865 227 Street, Maple Ridge, BC, V2X 6H8

Home Autoplan Life Investments Group Business Farm Travel

<https://local.cooperators.ca/callison-financial-en>

Bronze Level

**Ryan J. Ponto Web Consulting**



<https://www.ryanjponto.com/>

**Rebecca Casey Custom Coast Mortgages**



<https://www.customcoastmortgages.com/>

**Bridal Veil Mountain Resort**



<https://bridalveilmountainresort.ca/>

Special thanks to the following individuals and businesses for their generous donations of items and gift baskets:

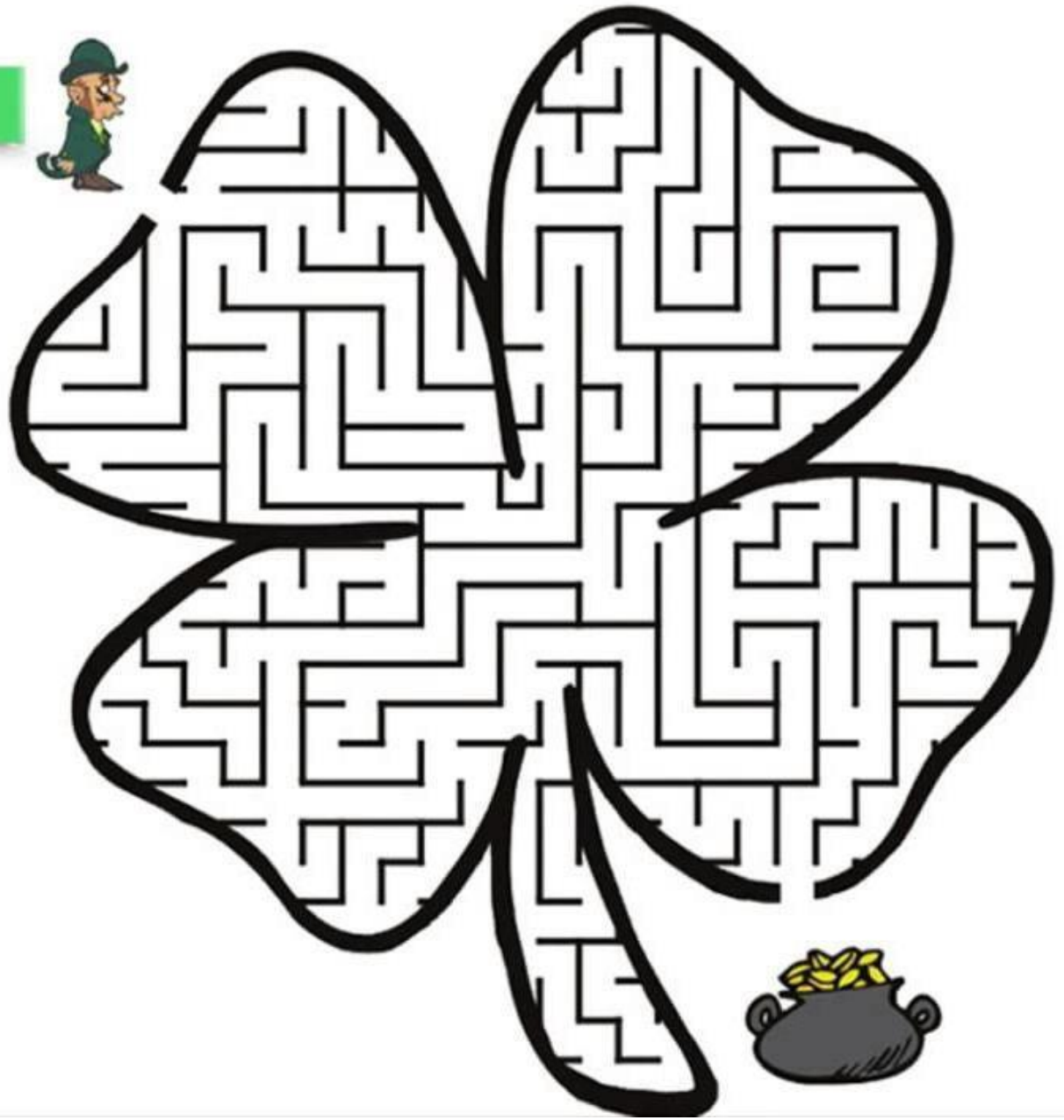
- Allegro Performance
- Alpha Concrete and Plumbing
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- Callison Financial
- Camelia Rose
- Coleen Berg
- Everything Wine
- Excel with Fit and Fab
- Indigenous Collection
- Irish Dance Magazine
- Irish Heather
- John B Pub
- Meridian Meats
- O'Brien School of Irish Dance
- O'Connor School of Irish Dance
- Penk O'Donnell School of Irish Dance,
- Scoile Rince De Danaan
- Sionnaine Irish Dance Academy
- Skye Heritage
- Steel School of Irish Dance
- Turn Out Socks

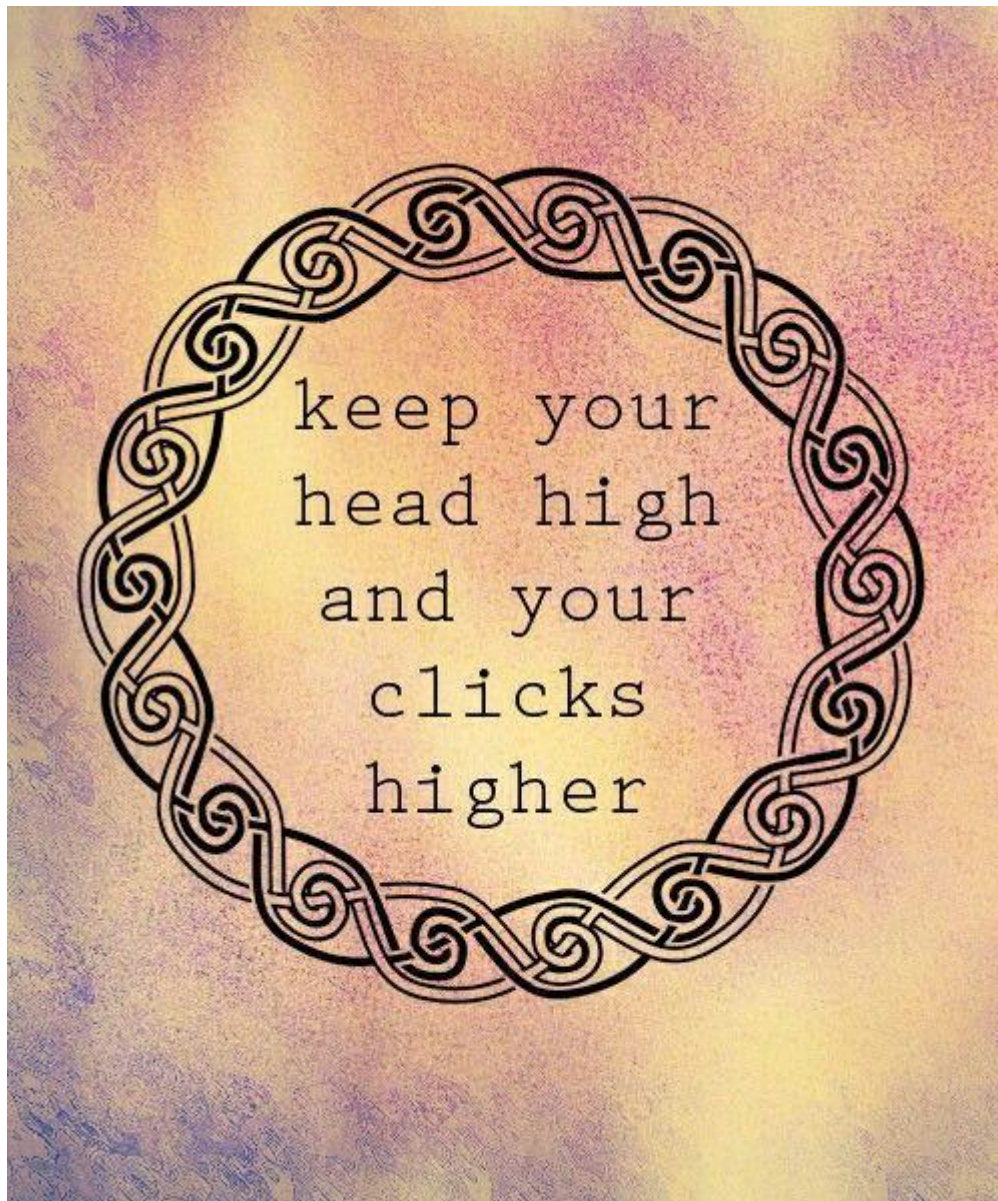
Design your own dress!





Maze





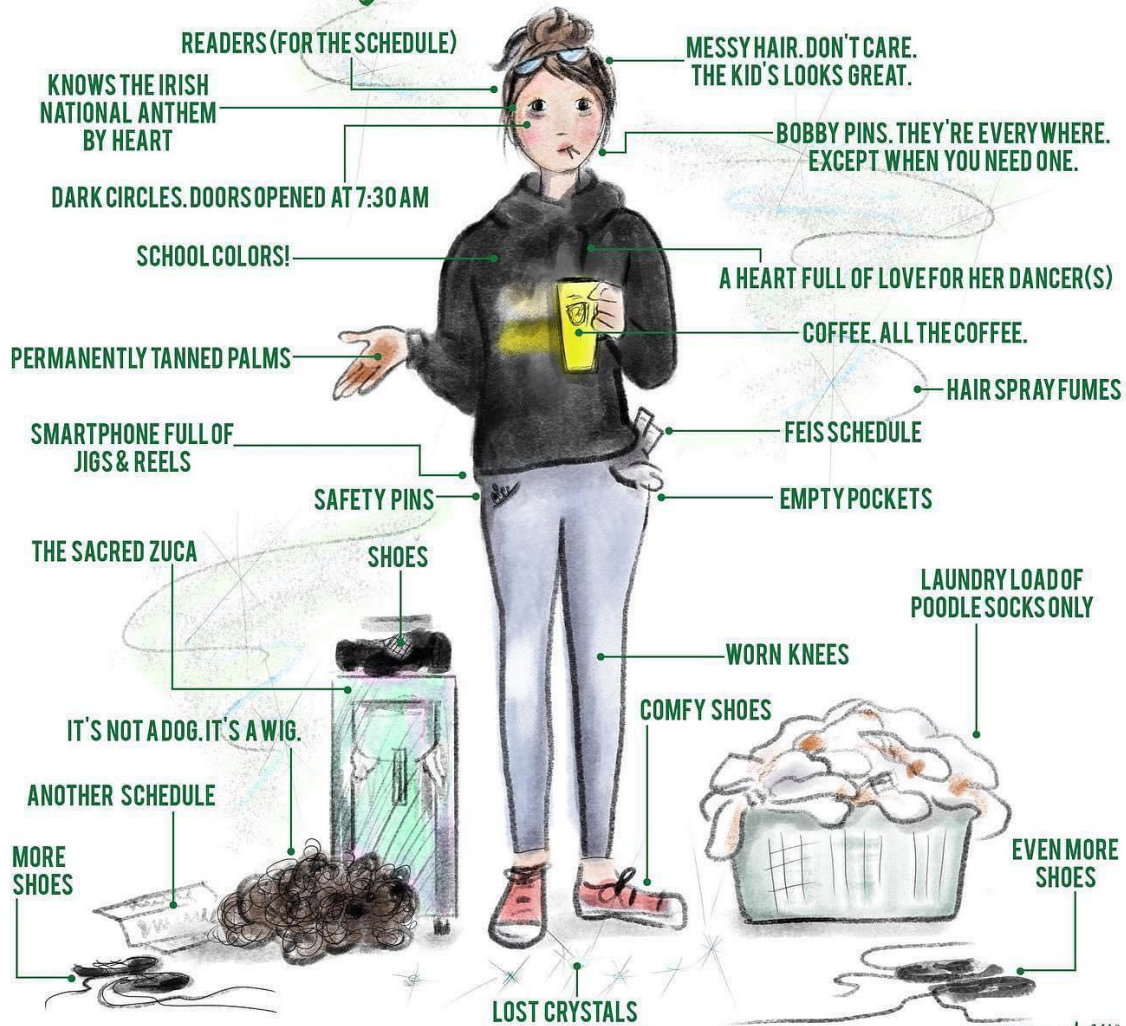
# céad míle fáilte

{kay-od mee-leh foyle-cha} • Irish

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a much loved irish greeting and welcome which  
literally means "a hundred thousand welcomes."

# Anatomy of a FEIS MOM



erin newak 2018



# THE ULTIMATE FEIS

## CHECKLIST

### SHOES & SOCKS

- ☐ Hard shoes
- ☐ Soft shoes
- ☐ Socks
- ☐ Spare socks
- ☐ Sock glue
- ☐ Duct tape/gaffer tape
- ☐ Shoe shine kit
- ☐ Black sharpie for touch ups
- ☐ Shoelaces in various lengths
- ☐ Black electrical tape
- ☐ White electrical tape
- ☐ Elastic bands
- ☐ Buckles
- ☐ Tights
- ☐ Shoe rosin

### HAIR

- ☐ Brush
- ☐ Comb
- ☐ Wig
- ☐ Hair donut
- ☐ Pouf bump
- ☐ Hair piece - headband/tiara/clips
- ☐ Bobby pins
- ☐ Hair net
- ☐ Hairspray
- ☐ Hair gel
- ☐ Colored hair spray
- ☐ Hair ties

### COSTUME - GIRLS

- ☐ Dress
- ☐ Kickpants
- ☐ Cape
- ☐ Dress bag
- ☐ Earrings
- ☐ Sports bra
- ☐ Warm up clothes

### COSTUME - BOYS

- ☐ Shirt
- ☐ Pants
- ☐ Vest
- ☐ Tie
- ☐ Tie Clip
- ☐ Kilt
- ☐ Jacket
- ☐ Spare undershirt/belt/tie

### MAKEUP

- ☐ Primer
- ☐ Foundation
- ☐ Powder
- ☐ Concealer
- ☐ Blush
- ☐ Bronzer
- ☐ Eye makeup remover
- ☐ Moisturiser
- ☐ Toner
- ☐ Lipstick
- ☐ Lip gloss
- ☐ Lip liner
- ☐ Eye shadow
- ☐ Eyeliner
- ☐ Mascara
- ☐ Fake lashes
- ☐ Lash glue
- ☐ Setting spray



*Ready to Feis*

[www.readytofeis.com](http://www.readytofeis.com)

### FOOD & DRINK

- ☐ Water
- ☐ Sports drink
- ☐ Snack bars
- ☐ Protein bars
- ☐ Fruit
- ☐ Sandwich
- ☐ Sweets
- ☐ Mints
- ☐ Gum

Note: being at a crowded feis, you should be mindful of the food you bring. Nothing sticky, nothing staining, nothing that could cause allergic reactions to other children, like peanut butter

### FIRST AID

- ☐ Band-aids
- ☐ Headache meds - aspirin, panadol, etc
- ☐ Bach Rescue Remedy
- ☐ Any other medications needed
- ☐ Blister band-aids
- ☐ Small first-aid kit
- ☐ Instant cold pack
- ☐ Heating pad
- ☐ Sports tape
- ☐ Inhaler

### PERSONAL CARE

- ☐ Deodorant
- ☐ Wet wipes
- ☐ Tissues
- ☐ Feminine hygiene products
- ☐ Nail file
- ☐ Nail clippers/scissors
- ☐ Tanner
- ☐ Bronzer

### BITS & PIECES

- ☐ Towel for doing stretches on
- ☐ Power cords
- ☐ MP3 player
- ☐ Cell phone
- ☐ Straws (can't ruin the lipstick!)
- ☐ Tweezers
- ☐ Camera
- ☐ Ribbon for your number
- ☐ GPS
- ☐ Umbrella
- ☐ Clipboard, pen & paper (for stage schedules, maps, general notes, etc)

### COSTUME REPAIR

- ☐ Safety pins
- ☐ Scissors
- ☐ Needle and thread
- ☐ Glue for crystals
- ☐ Replacement crystals
- ☐ Stain removal pen or stain wipes

### NOTES

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*Ready to Feis*

[www.readytofeis.com](http://www.readytofeis.com)

